

## Entgiftung

Lantos PM, Shapiro ED, Auwaerter PG, Baker P, Halperin JJ, McSweeney E, Wormser GP (2015) **Unorthodox Alternative Therapies Marketed to Treat Lyme Disease**. *Klinical Infectious Diseases* 1-6 <http://cid.oxfordjournals.org/content/early/2015/04/06/cid.civ186.abstract>

**Comments on the following topics:** Oxygen and Reactive Oxygen Species: **Hyperbaric Oxygenation, Hydrogen peroxide, Ozone, Energy and Radiation: Ultraviolet light, Photon therapy, "Cold" lasers, Saunas and steam rooms, "Rife" therapy (electromagnetic frequency treatments), Magnets, Heavy metals and Chelation: Mercury chelation and removal Dimercaptosuccinic acid (DMSA), Alpha lipoic acid (ALA), Ethylene diamine tetraacetic acid (DTA), Removal of dental amalgam, Colloidal silver, Bismuth, Nutritional and Herbal Therapy: Vitamin C and B12, Herbs, Garlic, cilantro, Chlorella, Sarsaparilla, Andrographis, Tumeric, Olive leaf, Cat's claw, Burnt mugwort (moxibustion), Glutathione, Fish oil, Magnesium, Salt, Biological and Miscellaneous Pharmacological Therapy: Urotherapy (urine ingestion), Enemas, Bee venom, Hormonal therapy, Dihydroepiandrosterone, Pregnenolone, Cortisone, Hydrocortisone, Synthetic Thyroid hormone, Lithium orotate, Olmesartan, Cholestyramine, Naltrexone, Sodium chlorite (bleach), Intravenous immune globuline (IVIG), Apheresis, Stem cell transplantation.**  
**"More than 30 alternative treatments were identified, which fell into several broad categories [see above]. Review of the medical literature did not substantiate efficacy or, in most cases, any rationale for the advertised treatments. .... The efficacy of these unconventional treatments for Lyme disease is not supported by scientific evidence, and in many cases they are potentially harmful."**

Steere A, Arvikar SL (2015) **What Constitutes Appropriate Treatment of Post-Lyme Disease Symptoms and Other Pain and Fatigue Syndromes?** *Clin Infect Dis*. first published online doi:10.1093/cid/civ187 <http://cid.oxfordjournals.org/content/early/2015/04/06/cid.civ187.short?rss=1>

**pH, Zuckerstoffwechsel, intact [microtubular network](#)**

H<sup>2</sup> = Protonen = pH <http://www.kabilahsystems.de/ph.pdf>  
**[Actos]**

Teklu B, Habte-Michael A, White NJ, et al. (1985) Glucose and insulin homeostasis during the Jarisch-Herxheimer reaction. *Trans R Soc Trop Med Hyg* 79(1), 74-7.  
<http://www.ncbi.nlm.nih.gov/pubmed/3887684>

### **Pflanzliche Fraß – Abwehrstoffe**

Pflanzenkost <http://www.kabilahsystems.de/diaetblatt.pdf>  
Lipide <http://www.kabilahsystems.de/ungesaettfetts.pdf>  
Polyphenole <http://www.kabilahsystems.de/polyphenole.pdf>  
Gelbwurz <http://www.kabilahsystems.de/pfefferchilligelbwurz.pdf>  
Bärlauch, Knoblauch, Koriander <http://www.kabilahsystems.de/pflanzlicheantimikrobiotika.pdf>  
Quorum sensing inhibatoren <http://www.erlebnishaft.de/quorum.pdf>

### **Adsorbentien, Chelate, Toxine, Chlorella, Spirulina, Oberflächenadsorbentien, Colestyramin**

Levring T et al. (1966) Meeresalgen für die menschliche Ernährung. *Botanica Marina Vol IX*, Supplement. Cram, De Gruyter & Co., Hamburg

Boylan J et al. (1978) **Colestyramin**; Use a new Therapeutic Approach for Chlordecone (Kepone) Poising in: *Science Vol. 199*

Fumarola D, Munno I, Marcuccio C, Miragliotta G. (1986) **Endotoxin-like activity associated with Lyme disease Borrelia**. *Zentralbl Bakteriol Mikrobiol Hyg A*. 263(1-2) pp.142-5.

Cartwright MJ, Martin SE, Donta ST (1999) A Novel **Neurotoxin (Bbtox 1)** of **Borrelia burgdorferi**. Meeting of the American Society for Microbiology. (Conference Abstract), Chicago

Shoemaker RC (2001) Desperation Medicine. Gateway Press Inc. Baltimore, MD

Shoemaker, R. "Welcome to ChronicNeurotoxins, Inc. Home Page,"  
<http://www.chronicneurotoxins.com/>.

Merchant RE, Andre CA (2001) [A review of recent clinical trials of the nutritional supplement Chlorella pyrenoidosa in the treatment of fibromyalgia, hypertension, and ulcerative colitis.](#) Altern Ther Health Med 7(3), 79-91

Bhakdi S (2002) Mangelndes Interesse an Bakterientoxinen Pharmazie, Pharmacon Davos

Hartmann F, Müller-Marienburg H, Hopf-Seidel P (2004) **Über die Cholestyramintherapie der chronischen Borreliose.** medizin 2000 plus. 1, 14-19

Shoemaker R, Schmidt P (2005) Mold Warriors, Fighting America's Hidden Health Threat, Gateway Press, Baltimore, MD pp. 61-66.

Grossmann, W. (2009) **Borreliose, EEG und Colestyramin Borreliose** Wissen Nr. 19, S. 10

Kalafati M, Jamurtas AZ et al. (2010) [Ergogenic and antioxidant effects of spirulina supplementation in humans.](#) Med Sci Sports Exerc 42(1), 142-51

**Hartmann F, Müller-Marienburg H.** (2010) Zur Entstehung und Behandlung der BORRELIOSE. hansadruck, Kiel <https://docplayer.org/37930093-Zur-entstehung-und-behandlung-der-borreliose-prof-dr-med-fred-hartmann-dr-med-hatto-mueller-marienburg-7-erneut-ueberarbeitete-auflage.html>

Otsuki T, Shimizu K (2011) et al. [Salivary secretory immunoglobulin A secretion increases after 4-weeks ingestion of chlorella-derived multicomponent supplement in humans: a randomized cross over study.](#) Nutr J 10, 91

Kwak JH, Baek SH et al. (2012) [Beneficial immunostimulatory effect of short-term Chlorella supplementation: enhancement of Natural Killer cell activity and early inflammatory response \(Randomized, double-blinded, placebo-controlled trial\).](#) Nutr J 11(1), 53

Gupta P, Sinha D, Bandopathyay R (2014) Isolation and screening of marine Microalgae Chlorella Sp.\_Pr1 for anticancer activity. International Journal of Pharmacy and Pharmaceutical Sciences 6(10), 517-519 [Download this PDF file - Innovare Academics](#)  
<http://connection.ebscohost.com/c/articles/99589381/isolation-screening-marine-microalgae-chlorella-sp-pr1-anticancer-activity>

Mooyottu S, Kollanoor-Johny A, Flock G et al. (2014) **Carvacrol and trans-Cinnamaldehyde Reduce Clostridium difficile Toxin Production and Cytotoxicity in Vitro.** [Int J Mol Sci.](#) 15(3), 4415–4430. Published online 2014 Mar 12. doi: [10.3390/ijms15034415](https://doi.org/10.3390/ijms15034415) PMID: PMC3975404  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3975404/>

#### ➔ **Carvacrol**

<https://www.google.de/search?q=carvacrol&sa=G&hl=de&tbm=isch&tbo=u&source=univ&ved=0ahUKEwieorH0h8fUAhVEvBoKHT2mCV4QiR4I0gE&biw=1600&bih=736>

**Zeolith** [http://de.wikipedia.org/wiki/Zeolithe\\_%28Stoffgruppe%29](http://de.wikipedia.org/wiki/Zeolithe_%28Stoffgruppe%29)  
<https://cytodetox.com/studies/#additional>

**Aktivkohle** <http://de.wikipedia.org/wiki/Aktivkohle>

**Heilerde** <http://de.wikipedia.org/wiki/Heilerde>

**DMSA, DMPS, EDTA**

[El-Khishin IA, El-Fakharany YMM, Abdel Hamid OI](#) (2015) **Role of garlic extract and silymarin compared to dimercaptosuccinic acid (DMSA) in treatment of lead induced nephropathy in adult male albino rats.** [Toxicol Rep.](#) 8(2), 824-832. doi: 10.1016/j.toxrep.2015.04.004. eCollection 2015. <https://www.ncbi.nlm.nih.gov/pubmed/28962418>

"Treatment by garlic extract combined with silymarin (milk thistle) as well as treatment with DMSA resulted in significant improvement in the affected parameters. Also, both methods of treatment resulted in improvement of the histopathological changes. It can be concluded that garlic extract combined to silymarin is comparable to DMSA in amelioration of lead induced nephrotoxicity."

## Aminosäuren und Proteine

Aminosäuren und Proteine <http://www.kabilahsystems.de/biogeneamineundpeptide.pdf>

Sauna, Schwitzen, Sport <http://www.kabilahsystems.de/diaetblatt.pdf>

## Probiotika

Probiotika <http://www.kabilahsystems.de/probiotika.pdf>

## Metalle und Vitamine

Magnesium, Selen, Zink, (Bor) [http://www.xerlebnishaft.de/elektro\\_spur\\_ph.pdf](http://www.xerlebnishaft.de/elektro_spur_ph.pdf)

Vitamin D3, Vitamin B1, B6, B12, Folsäure <http://www.xerlebnishaft.de/vitamine.pdf>

- ➔ **Genetische Faktoren** [http://www.xerlebnishaft.de/genetische\\_faktoren.pdf](http://www.xerlebnishaft.de/genetische_faktoren.pdf)
- ➔ **TLR2\_1\_3\_7\_13** [http://www.erlebnishaft.de/TLR2\\_1\\_3\\_7\\_13.pdf](http://www.erlebnishaft.de/TLR2_1_3_7_13.pdf)
- ➔ **Complement** <http://www.xerlebnishaft.de/complement.pdf>
- ➔ **Methylierung** <http://www.erlebnishaft.de/methylierung.pdf> <http://www.xerlebnishaft.de/bildmethyl-arginin.pdf>
- ➔ **Azetylierung** <http://en.wikipedia.org/wiki/Acetylation>
  
- ➔ **L-Arginin** <http://www.erlebnishaft.de/l-arginin.pdf>
- ➔ **Biogene Amine und Peptide** <http://www.kabilahsystems.de/biogeneamineundpeptide.pdf>
  
- ➔ **P53** <http://www.erlebnishaft.de/p53.pdf>
- ➔ **H2, V-ATPase, Mitochondria** <http://www.kabilahsystems.de/ph.pdf>
- ➔ **Zytoskelett, microtubular network** <http://micro.magnet.fsu.edu/cells/microtubules/microtubules.html>
- ➔ **Zellwand** <http://de.wikipedia.org/wiki/Zellwand>
  
- ➔ **Begleit-Therapien bei Langzeit-Antibiosen**  
<http://www.kabilahsystems.de/kommentmedbegleittherapie.pdf>
  
- ➔ **Immunstimulation** <http://www.kabilahsystems.de/immunsti.pdf>

[Bernt - Dieter Huismans](#). Letzte Revision August 2018 [www.Huismans.click](http://www.Huismans.click)



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